



# CCAPS Newsletter

## January 2015

### Happy New Year!

The CCAPS Newsletter Committee hopes that all of our readers are having a great start to their new year and the new semester. In this newsletter we want to give our readers, both new and returning, a sneak preview of everything that CCAPS has going on in Tampa just a few short weeks away at the 2015 ACPA Annual Convention.



If you are unfamiliar with CCAPS involvement at the ACPA annual convention, we hope this gives you a teaser of all the professional development (including 25 programs approved for CEU's) and networking opportunities that await counseling center professionals. We look forward to seeing all of our returning CCAPS colleagues and making new connections in the warm sun of Tampa.

- Your Newsletter Committee (Eric, Hannah, Marie, Marilia, Melissa, Meggen, and Sara)  
(<http://www.myacpa.org/commccaps-directorate>)

**ACPA TAMPA 2015**  
**CONSIDER. COLLABORATE. CREATE. COMMIT.**

### Reminder: 2015 ACPA Annual Convention

2015 ACPA Annual Convention is Tampa, FL this year from March 5-8, 2015.

Regular Registration Deadline is: February 6, 2015.

For more information visit: <http://convention.myacpa.org/tampa2015/registration/>



## Letter from the Chair

Dear CCAPS Colleagues and Friends,

Happy New Year! It's been a busy year in college student mental health, as many counseling centers are reporting increased demands for services, while also dealing with budget cuts. This theme of doing more with less is not new to our work, but it does require us to continue to be efficient and innovative in our work. It also requires us to make sure that we play a key role in defining what we do as counseling centers and college mental health professionals. This year's ACPA convention will provide us a place to engage in conversations with colleagues about the challenges of our work and explore possible solutions.

The ACPA annual convention is coming up very soon. This year's convention will be in warm Tampa, Florida (Thursday, March 5<sup>th</sup> through Sunday, March 8<sup>th</sup>) so mark your calendars and check out the convention website on the exciting things taking place at the convention. I'm looking forward to the mix of professional and personal development, along with the chance to catch up with the many wonderful members of ACPA and CCAPS.

We are planning a full slate of informative programs and fun events at the convention. ACPA will continue with the well-received [PechaKucha](#) talks which debuted at last year's convention. We have an amazing line-up of speakers, including Laverne Cox (critically-acclaimed actress from the Netflix original series *Orange is the New Black*) and Pulitzer Prize winning journalist Jose Antonio Vargas. See the convention website for more details (<http://convention.myacpa.org/tampa2015/>)

We have approximately 25 continuing education (CE) credit eligible programs for psychologists and counselors, reviewed by our CCAPS CE team. As part of these programs, you will be able to acquire your required annual CEs, including 3 ethics CEs. Our ethics speaker will be Dr. Meggen Sixbey from The University of Florida. She will present on Thursday afternoon, March 5th on ethical considerations regarding the counselor's role in consulting and assessing for campus violence. CCAPS will also honor award winners at the 2015 convention. And, of course, you will have various opportunities for fellowship with colleagues and friends at our CCAPS reunion event, networking luncheon, and awards social. Please follow CCAPS on Twitter, Facebook, and other social media for updates about the upcoming convention.

Beyond the convention, I want share some important updates from CCAPS. CCAPS is planning a webinar with the Center for Collegiate Mental Health (CCMH) later this semester. We are also

working with ACPA International headquarters to bring you other professional development opportunities through “ACPA Video On Demand.” Please be on the lookout for more details in the upcoming months. Over the past few months, CCAPS has also raised money for the commission from mental health professional associations and corporate sponsors. We have raised \$500 so far, and we are waiting to hear from other possible donors. Our webmaster (Dr. David Gilles-Thomas) has also worked on updating the CCAPS website with useful information and links for our members.

All the work that CCAPS does (our newsletter, programs, activities, website, CEUs, elections, etc.) depends on the support and commitment of our members. I want to offer a special “thank you” to our Directorate who dedicate three years of hard work and talent to providing CCAPS leadership. We will lose some extremely dedicated directorate members who cycle off this spring—Melissa Bartsch, Joy Harden, Jonathan Kandell, Eric Klingensmith, Marie Shaw, JaNae’ Taylor, and Monica Williams. Thank you all! CCAPS will also have four new Directorate members joining at this convention: Jodi Caldwell, James Dolan, Alan M. “Woody” Schwitzer, and Emily Russell Slife. Please join me in welcoming them to the directorate.

It is an honor working with all of you. The time and work you put into the commission and directorate are greatly appreciated. Your contributions, ideas, and personality impact who we are as an association. I think our past chair, Dr. Carolyn Bershada, expressed it well in saying the following, “It is as much about **who** we are as what we do.” Thank you for making CCAPS so great that it’s the professional home for many individuals like myself. I look forward seeing you soon in Tampa, Florida. Safe Travels!

*Dwaine S. Campbell, Ph.D.*

*Chair, Commission for Counseling & Psychological Services*

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## CCAPS CEU Program Information for the 2015 ACPA Annual Convention

CCAPS is committed to sponsoring programs that help professionals remain current with the information and skills necessary to practice in the unique clinical setting of higher education. The Continuing Education Committee is pleased to announce that we will be sponsoring 25 programs for continuing education credits for psychologists at this year's convention in Tampa. *Additionally, CCAPS will sponsor a three-hour long program that will particularly meet the needs of psychologists who need ethics-related credits.* The online schedule has been posted and this provides you an easy reference to find the date, time and locations of all our programs. To access the schedule, go to the convention website by using this link:

<http://goo.gl/Khbt1M>

This will bring you to the "Program Search" page. Click on "Qualifies for CE" to generate a list of all the CE sponsored programs.

Members can get involved in supporting the CE program by volunteering to help at convention. Just prior to convention, the CE Committee will be seeking volunteers to attend a CE program in person and administer the CE process. This quick and easy process includes explaining the CE process to attendees, handing out sign in sheets and certificates of attendance, and collecting evaluations. More information will be given if you volunteer. Please keep an eye out for an email asking for volunteers.

Participants can also receive NBCC continuing education units for counselors by attending all CCAPS sponsored programs. Please contact the ACPA main office for more information on how to obtain NBCC credits at the convention.

1. An Exploration of Cross Cultural Clinical Supervision Narratives
2. Assessing Counseling Services: Accreditation, Self-Assessment, or Both?
3. Attempted Suicide and ADA Changes: Helping Students Stay Alive
4. Autism Spectrum Disorders and the Extraordinary Student Experience
5. Beyond Legal Compliance: Data-Based Rape Prevention
6. Developing Student Success: Positive Psychology Based Life Coaching for Students
7. Extended Session: Question, Persuade, and Refer: Innovative Ideas for Delivery
8. From Cautious to Confident: Motivating Others through Collaboration
9. Gay Men in Greek Life
10. Healthy Choices: A Faculty Staff Collaboration Using Stages Change Model
11. Inclusion Matters: Considering Identity, Intersectionality, and Borderlands for Student Success
12. Innovations 2.0: Practical/Creative Ideas for 21st Century Counseling Centers

13. Military Outreach: Strategies for Serving Our Student Veterans
14. Peer Support and Mental Health Recovery on College Campuses
15. Pornography: A Catalyst For Sexual Assault
16. Re-Examining the MBTI Through Empirical, Ethical, and Utilitarian Lenses
17. Self-Authorship and Masculinity: Engaging Men in Developmentally Appropriate Interventions
18. The Ethics of Pillow Talk, Facebook, and other Ethical Conversations in Student Affairs
19. The Influence of Campus Climate on Sexual Assault Among Queer and Trans-spectrum Students
20. The Privileged Identity Exploration (PIE) Model Revisited
21. The Religious Elephant on Campus: Identifying and Addressing Christian Privilege
22. Understanding and Researching Disability in Higher Education: Emerging Perspectives
23. Using Strengths as a Tool to Promote Self-Authorship
24. Vicarious Trauma: Including All Impacted Parties in Crisis Response
25. Why College Students Do What They Do

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### **CCAPS Commission Meetings and Social Events Schedule**

In addition to the professional development opportunities, CCAPS also has several opportunities for professional networking and social activities. Below is the schedule for CCAPS Commission events.

#### Wednesday, March 4:

7:00pm - 9:30pm: CCAPS Reunion Dinner (Jackson's Bistro-Bar-Sushi)

#### Thursday, March 5:

11:15am - 12:15pm: CCAPS Networking Lunch (Marriott – Cafe' Waterside Restaurant)

12:30pm – 3:30pm: CCAPS Ethics Presentation/Workshop

#### Friday, March 6:

1:00pm – 2:00pm: CCAPS Open Meeting

#### Saturday, March 7:

2:30pm – 4:00pm: CCAPS Open Meeting

7:00pm – 9:00pm: CCAPS Social & Awards Presentation (Flambé' Restaurant)