



CCAPS Newsletter

January 2014



Letter From the Chair

Dear CCAPS Colleagues & Friends,

Happy New Year! This will be my last letter to you as Chair, and I wanted to say thank-you for the opportunity to serve in this role. CCAPS has been my professional home for the last 13 years, and it has been an honor to work with so many dedicated, talented and welcoming colleagues. When people ask what is special about CCAPS, I always start by saying “the people.” It is as much about **who** we are as what we do.

I am looking forward to seeing many of you at this year’s ACPA Convention in Indianapolis, Indiana from March 29th through April 2nd. We are planning a full slate of informative and exciting programs, events and activities celebrating ACPA’s 90th year. This year, Convention will open Sunday night with CelebrACPA, an opportunity to learn about the different entities that comprise ACPA as well as to eat, drink and be merry. ACPA is also varying the programming offered at Convention with various new program slots for longer, more in-depth

Welcome from the Newsletter Committee

On behalf of the Newsletter Committee, Happy New Year everyone! We hope the New Year and semester is off to a good start for all of our CCAPS colleagues.

Here is the latest edition of the CCAPS Newsletter, just in time for you to curl up by the fire and read as the winter freeze falls over many us around the country. In this edition, we bring you important information about the upcoming convention in Indianapolis. Please be sure to share this with colleagues and encourage them to join you in attending this year’s convention. We look forward to seeing everyone in March!

~ Your Newsletter Committee!

programs as well as fast-paced PechaKucha talks, and HEd programs that are similar in style to TED talks. This information is all available at the following website:

<http://convention.myacpa.org/indy2014/>

We anticipate an exciting conference, with about 30 continuing education (CE) credit eligible programs for psychologists and counselors, reviewed by our CCAPS CE team. As part of these convention programs, you will be able to acquire your required annual CE's, including 3 ethics CEs. Our Sunday ethics speaker will be Dr. Anne Kubal, Director of Clinical Training at Insight Behavioral Health in Chicago, IL. Dr. Kubal has extensive counseling center experience in addition to her work at Insight, and will present to us on Sunday morning, March 29th on ethical issues and working with students with eating disorders. You



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definitely should be able to obtain your annual CE's through convention attendance. We also will have outstanding CCAPS' Award winners who will be honored at the 2014 ACPA convention. And there will be multiple opportunities for fellowship and relaxation!

Please be on the lookout for upcoming webinars in the Spring. CCAPS will be co-

sponsoring a webinar with the Center for Collegiate Mental Health and we will be sending out information on these as the details are confirmed. CCAPS is also sponsoring a survey, which some of you may already have seen, asking members for their input. This is part of our desire to make sure that our members' needs are being heard and addressed, and that we are responsive to those who we serve. This effort is being spear-headed by our incoming



Chair, Dr. Dwaine Campbell.

Over the past few months, CCAPS also has raised \$750 for the commission from mental health professional associations and corporate sponsors so far this year, and we are waiting to hear from other possible donors. Our website has been updated regularly by our webmaster, Dr. David Gilles-Thomas, and continues to offer links to useful resources for our members.

The work that CCAPS does relies on the support, participation and dedication of many volunteers from our members. I would be remiss if I did not offer a special “thank you” to our Directorate who dedicate 3 years of hard work and talent to providing CCAPS leadership. A special thanks to those who

are cycling off the Directorate this Spring after offering many years of hard work and talent as CCAPS leaders. The Directorate members cycling off include: Kelly Case-Simonson, Bud Edwards, Mahlet Endale, Chetan Joshi and Jade Logan.

I want you to know how much I have appreciated all the work done by all of you in the Commission and on the Directorate. It is an honor to work with so many dedicated volunteers who give of their time to make all this happen. I look forward to seeing you soon in Indy. Safe travels!



Best,

Carolyn Bershad



Liaison Reports



Center for Collegiate Mental Health

Submitted by Ben Locke, Liaison to CCMH

The CCAPS (Counseling Center Assessment of Psychological Symptoms) is now available via three new vendors including [Point and Click](#), [Medicat](#), and [Pyramed](#). If interested in using the CCAPS instruments through one of these vendors, please contact your vendor.

Over 150 counseling centers contributed data to [CCMH](#) during 2012-2013. CCMH is currently hard at work on the 2012 Annual Report which will describe over 95,000 students in treatment at these counseling centers. A HUGE thank you to everyone who helped to make this possible! Please take a moment to review the [2011 report](#).

During 2012-2013, CCMH grew to over 240 members including a school in the United Kingdom.

Take a moment to check out CCMH's latest publications online here:

<http://ccmh.squarespace.com/publications/>

If you have any questions or would like to become a member of CCMH, please contact us at ccmh@psu.edu



National Association of Student Personnel Administrators

Submitted by Alison Black, Liaison to NASPA

The [NASPA national conference](#), "Lead Innovate Transform" will occur March 15-19 in Baltimore MD. In conjunction with the annual conference, the Undergraduate Conference will occur from March 15-16 at Morgan State University and the International Symposium will occur from March 15-16 in Baltimore.

In January NASPA hosted the Mental Health conference in San Diego and the Alice Manicur Symposium in Clearwater Beach, Florida.

NASPA introduced a new category of leader, the "number two" AVP category for those seasoned professionals who report to the CSAO. NASPA hosted its first-ever AVP Institute in January in New Orleans, LA.

In 2013, NASPA hosted 15 national conferences, numerous regional conferences and more than 30 webinars.

In 2013, NASPA welcomed 4,843 new individual NASPA members. NASPA now has approximately 13,000 members from 2,100 member institutions representing 50 states and 25 countries.

In 2013, NASPA welcomed over 515 NASPA Undergraduate Fellows (NUFP) into the NASPA Family.

NASPA uses social media:

Twitter: @NASPATweets

Facebook: <https://www.facebook.com/naspaFB>

Instagram: <http://instagram.com/naspatweets/#>

YouTube:
<http://www.youtube.com/user/NASPAstuaff>

Liaison Reports cont.



Association for University and College Counseling Center Directors

Submitted by Sharon Mitchell, Liaison to AUCCCD

The Association for University and College Counseling Center Directors ([AUCCCD](#)) has formally expanded membership to include community colleges and other non-four year colleges.

AUCCCD is developing a white paper on the role of counseling centers in promulgating a caring campus.

We have a task force examining the impact of the Affordable Care Act on collegiate counseling and mental health services.

AUCCCD has representation on the panel with representatives from APA, ACE and NASPA developing a document in response to the initiative from the White House Conference on Mental Health.

AUCCCD is again conducting the AUCCCD Annual Survey of Counseling Center Directors. The survey will include more specific questions on diversity. Please take a moment to review the [2012 report](#).

AUCCCD as leaders and administrators in collegiate counseling and mental health services strives to be the primary voice to media, legislators and professional organizations for higher education counseling, mental health and prevention services.

AUCCCD Board Members are presenting on "The Role of the Counseling Center in Promoting Campus Safety" at the NASPA Mental Health Conference in January.

AUCCCD Board Members are presenting on The Evolution of College Counseling Centers using data from AUCCCD counseling center directors surveys at the NASPA National conference in March.

The AUCCCD conference will be in Chicago in November.



The Association of Counseling Center Training Agencies

Submitted by Emily Russell Slife, Liaison to ACCTA

The Association of Counseling Center Training Agencies (ACCTA) is an organization of 173 internship programs in college and university counseling centers across the United States and in Canada. ACCTA experienced a 4% growth in membership over last year, which is currently a record for total members!

Recent Activities and Issues of Importance:

1. The 2013 ACCTA Conference was held from September 21st – September 25th at the InterContinental New Orleans, LA. This year's theme, *The Internship Crisis and Social Justice: Implications for Selection and Training*, was developed as a result of members sharing their experiences of the imbalance and how this crisis has impacted all levels of training. This year's keynote address was given by Nadine Kaslow, Ph.D., ABPP and Greg Keilin, Ph.D. Their presentation was titled *Training Directors' Roles in Addressing the Internship Crisis: A Social Justice Perspective*.

2. ACCTA joins the rest of the training community in concern about the Internship Match imbalance. ACCTA continues to be committed to reaching out to Counseling Center Directors by 1) offering assistance to Centers interested in developing an internship and 2) allowing developing internships to join ACCTA. In addition to assisting in the development of the Internship Tool Kit (<http://psychtrainingcouncils.org/documents>), ACCTA has expanded its efforts to support new Training Directors by developing a Mentor Program. We also encourage developing programs to apply for APPIC membership as soon as possible and to move toward APA accreditation as soon as is feasible. It is hoped that these efforts will assist in addressing the Match imbalance as well as the need for quality assurance in internship training. ACCTA is also working with CCTC, the Council of Chairs of Training Councils, to effect systematic change in this area.

3. The 2014 ACCTA Conference will be held at the Rancho Bernardo Inn San Diego, CA, September 12-17.

Liaison Reports cont.



**Association for the
Coordination of Counseling
Center Clinical Services**

Submitted by Kristee Treadwell, Liaison to ACCCCS

ACCCCS was formed in 1996 and currently includes about 120 members from Counseling Centers around the nation and beyond.

ACCCCS has a very active list-serve and for our annual conference in May. ACCCCS's purpose is to discuss issues relevant to enhancing the provision and management of clinical services in counseling centers.

- Current and past [ACCCCS Executive Committee Members](#)
- [2014 Conference Host](#): Marla Craig (U. of Texas-Austin)
- www.accccs.org



**Association of University and
Counseling Center Outreach**

Submitted by Tom Golightly

AUCCCO will host the 7th National Outreach Conference for Counseling Centers, "Our Common Ground: Conversations on Creating a Sustainable Outreach Community" co-sponsored by the University of Vermont from June 4-6th in Burlington, VT. Deadline for proposals is February 3rd. AUCCCO continues to look forward to a wide range of presentations on outreach innovations for the year.

AUCCCO has a strong membership base that continues to expand and recently added our first member institution from outside the United States –the University of Singapore. AUCCCO is thrilled to be an international organization!

There have been many changes in leadership this year. After leading the foundation of the organization and Chairing the Steering Committee for 5 years, AUCCCO bade goodbye to Christine Asidao and welcomed Tom Golightly from Brigham Young University. AUCCCO wishes Christine all the best as she moves forward. Her vision has truly impacted the world of outreach.

Thank you to all of you for supporting AUCCCO--through membership, sending colleagues to the conference and supporting outreach in your mission.

Committee Reports

Continuing Education Committee



The Continuing Education Committee is pleased to announce that we will be sponsoring 25 programs for continuing education credits for psychologists at this year's convention in Indianapolis. Of particular note is the three-hour CCAPS continuing education ethics program presented by Dr. Anne Kubal.

Dr. Kubal's presentation, "Navigating the road to recovery: Ethical issues in the treatment of eating disorders" will be an informative and relevant program for professionals who provide services to students presenting with eating-related issues. Dr. Kubal is a psychologist and the Director of Clinical Training at Insight Behavioral Health Centers in Illinois. The program will take place on Sunday, March 30th, in the Westin Indianapolis, Capitol III and starts at 8:30 am.

Participants who wish to receive NBCC continuing education units for counselors may also get those credits by attending all CCAPS sponsored programs. Please contact the ACPA main office for more information on how to obtain NBCC credits.

1. After-Hours Campus Emergencies: Training, Collaborating, and Responding as a Team
2. Best Bi: Best Strategies to Support Bisexual Students Across Campus
3. "Big Bang" and Autism Spectrum Disorders: What Administrators Must Know
4. Considering the Impact of Trauma on Student Development
5. Effective Rape Prevention: Research-Based Bystander Intervention Programs That Work
6. Emerging Adults Theory and Identity Development
7. Ethical Decision Making in Student Affairs Practice
8. Exploring Psychological Privilege
9. Exploring the Labyrinth: Supporting Non-Heterosexual College Males' Multiple Identity Development
10. Flourishing Student Affairs Practice: Applying Lessons from Positive Psychology
11. Fostering Collaboration in a Multidisciplinary Counseling Center through Ethical Analysis
12. Guiding Principles for Assessing Violence Risk: A BioPsychoSocial Model
13. Innovations 2.0: Practical/Creative Ideas for 21st Century Counseling Centers
14. Intensive Treatment Programs at University Counseling Centers
15. Knowing Our New Students: Strategies From Teen Drinking Cultures Research
16. Navigating the road to recovery: Ethical issues in the treatment of eating disorders
17. Pornography: How it is Reinventing Sex and Why You Should Care
18. Secular Safe Zone Ally Training
19. Secular Safe Zone Facilitator Training
20. TCKs: The Largest Group of Unserved Students Hidden Among Us?
21. The RealPolitiks of Sexual Consent: Identity, Coercion and "Hookup Culture"

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| 22. Videos for Counseling Center Outreach and Education: Engaging Best Practices | 24. Who's Responsible for the Sexual Climate?: An Institution-Wide Approach |
| 23. "We Wear the Mask" No More: Retaining Black Men in College | 25. Zen and the Art of Student Affairs Leadership |

Additionally, the following programs will be sponsored by CCAPS:

1. Innovations 2.0: Practical/creative ideas for 21st century counseling centers
2. Pornography: How it is reinventing sex and why you should care
3. Videos for counseling center outreach and education: Engaging best practice
4. Considering the impact of trauma on student development
5. Fostering collaboration in a multidisciplinary counseling center through ethical analysis

Awards Committee

Janet A. Lydecker: 2014 Joan Dallum Graduate Research Award Recipients

CCAPS is pleased to announce that Janet Lydecker is this year's Joan Dallum Graduate Research Award recipient. The award recognizes and encourages high quality research projects by graduate students and entry-level professionals in counseling and human development.

Janet Lydecker, a doctoral student in Counseling Psychology at Virginia Commonwealth University, was recognized for the research project entitled, "Visual Attention Bias and Body Dissatisfaction in

Eating Disorders". Noting that eating disorders impact multiple areas of functioning, including cognition, this study was based on the idea that addressing body-related attention biases might improve existing therapies. Using an attention modification intervention, Lydecker reports that results suggest that it is feasible to modify body-related attention biases. It is suggested that future research assess implications and therapeutic applications of the intervention.

Elections Committee

The Elections committee is seeking additional people to fill Directorate slots. Please consider any new nominations.

Commission Activities at the Convention

Below is a list of the CCAPS ancillary meetings for our next ACPA convention, in just a few short months. The social events as well as CCAPS meeting times and locations are included.

Date	Time	Event	Location
3/29/14	7 pm	CCAPS Reunion Dinner	Marriott Lobby 1 (meeting location); Palomino Restaurant (dinner)
3/30/14	8:30 am	CCAPS Ethics Presentation (3 CEs)	Westin Indianapolis, Capitol III
3/30/14	11:45 am	CCAPS Networking Lunch	Marriott Lobby 1 (meeting only); Rock Bottom Restaurant
3/30/14	1 pm	CCAPS Directorate Meeting (closed)	Marriott Ballroom 2
3/30/14	3 pm	CCAPS Open Meeting	Marriott Ballroom 2
3/31/14	2 pm	CCAPS Committee Chair Meeting	Marriott Colorado
4/1/14	1 pm	CCAPS Directorate Meeting (closed)	Marriott Michigan/Texas
4/1/14	2:30 pm	CCAPS Open Business Meeting	Marriott Michigan/Texas
4/1/14	7 pm	CCAPS Social/Reception	Marriott Lobby 2 (meeting); Adobo Grill

