General Convention Programs

Sunday, March 21

Critical Incident Stress Debriefing

Gregory Snodgrass, Ph.D. (3CE)
1:00-4:00 p.m. Marriott Marquis, Zurich

(This program is designed for counselors and psychologists and other professional student affairs staff who may encounter students with crisis situations. The content of this program might be stressful to some participants.)

Educational objectives: (1) describe appropriate and inappropriate situations for using the Critical Incident Stress Debriefing (CISD) process; (2) state the goals of CISD; (3) describe the preparation process for CISD; (4) describe the seven steps of the CISD process; (5) describe the defusing process; (6) distinguish between CISD and defusing.

Monday, March 22

Providing Seamless Career Services: Should Counseling and Placement be Together or Separate?

Douglas H. Lamb, Ph.D., Betty Green Rademacher, M.S. (1CE)
8:00-9:15 a.m. Marriott Marquis, Madrid

(This program is designed for professional counselors, psychologists, career specialists, placement specialists and student affairs administrators who have involvement with the delivery of career services on a college campus.)

Educational objectives: (1) participants will learn the advantages and disadvantages of combining traditional placement services with counseling services of relatively large size at a public institution. Opportunities will be provided to apply the advantages/disadvantages to the participant's home university; (2) participants will become familiar with a model of career development delivery systems which incorporates all stages of career development (early exploration and clarification; revising and continuing; job search/post-graduate study); (3) participants will learn the processes (logistic, budgetary, political, administrative) involved in both combining and then reconfiguring into separate units, i.e., the experience of merging the counseling and placement services and then separating the two units into two separate entities will be described.

Supervisory Style and Trainees' Counseling Competency: Implications for Training

Robbie J. Steward, Ph.D., Alfiee M. Breland, Ph.D., Douglas Neil, M.A. (1CE)
8:00-9:15 p.m. Marriott Marquis, Rhine

(This program is designed for counselors and psychologists who are counseling supervisors or training others to become counseling supervisors.)
Educational objectives: (1) increase understanding of the influence of supervisees' perceptions of supervisors on counseling competency; (2) increase understanding of the implications of the findings for developing an appropriate training environment for masters level trainees; (3) increase understanding of the implications of the findings for developing more effective practices in the training of supervisors; (4) provide recommendations for future research.

Innovations in College Counseling - 1999

Tom Magoon, Ph.D., Pat Alford-Keating, Ph.D., Ronald Chapman, Ph.D., Charles Davidshofer, Ph.D., Rolf Gordhamer, Ph.D., John Hancock, Ed.D., Gilbert Hinga, Psy.D., Dan Jones, Ph.D., Greg Lambeth, Ph.D., Judith Mack, M.S., Fred Newton, Ph.D., Julia Phillips, Ph.D., Beverly Piscitelli, M.S. (1CE)
9:30-10:45 a.m. Marriott Marquis, Monte Carlo

(This program has been designed for many years for counselors/psychologists interested in counseling service practices and problems.)

Educational objectives: (1) to provide recognition of those colleagues who have experienced innovative/novel psychological practice(s) created at their college/university centers; (2) to disseminate/share those innovative/novel psychological practices with interested fellow colleagues who attend this program (e.g., counselors and psychologists in training, practice, teaching, administration and/or research.); (3) for those attending who may not find the presentations particularly novel/innovative our objective is to stimulate their own innovative thinking about their work setting and their habitual practices.

Sisters of the Hourglass: Our Time Has Come

Kimberly A. Bowie, M.S., Katrina L. Rodriguez, M.S. (2.5CE)
9:30-12:15 p.m. Marriott Marquis, Rhine

(This program is designed for anyone who is interested in supporting Women of Color with their issues of Body Image and Eating Disorders on a college campus.)

Educational objectives: (1) to provide awareness about the cultural differences that Latina and African-American women share in the way they have been permitted to view their self-image; (2) to provide an alternative paradigm with which to view Body Image, Self-Perception and Eating Disorders; (3) to provide resources and guidelines to enable participants to become change agents on their campuses.

Integrating Research and Practice in a University Counseling Center

Traci L. Edwardson, Ph.D., Ellen N. Emerson, Ph.D. (1CE)
11:00-12:15 p.m. Marriott Marquis, Zurich

(This program is designed for counselors and psychologists who provide services in a higher education setting.)

Education objectives: (1) program content will address implementing a research program in a university counseling center; (2) participants will be more able to effectively target center services to student needs; (3) participants will have a greater awareness of how such knowledge informs the quality of student services development and provides feedback to the learning community.

Rape Prevention: Learning from Our Past to Shape Our Future

Tracy L. Davis, Ph.D., Debora Liddell, Ph.D. (1CE)
11:00-12:15 p.m. Marriott Marquis, Danube

(This program is designed for student development professionals and counselors who provide programmatic
interventions aimed at preventing sexual assault. The content of this program might be stressful to some participants.)

Educational objectives: (1) to facilitate a dialogue about effective prevention programming efforts especially for men and potential perpetrators; (2) to look at past research on prevention to see what components are most effective for various students/individuals; (3) to give participants a sense of past research and what still needs to be done.

**Students with Eating Disorders: The Need for Campus Collaboration**

Susan R. Stock-Ward, Ph.D., Sara D. Shepherd, Ph.D., Leslie Connor, Ph.D. (1CE)
1:00-4:00 p.m. Marriott Marquis, Copenhagen

(This program is designed for university professionals who work with students with eating disorders.)

Educational objectives: (1) to teach participants about treatment teams and task forces for campus eating disorders intervention; (2) to discuss a realistic eating disorders case, and its impact on all facets of campus; (3) to encourage the application of treatment and educational approaches for eating disorders to participants' home campuses.

**Training Practices in Empirically Supported Treatments: A Training Site Survey**

Kimberly A. Hays, Ph.D., Catherine Armstead, Ph.D., Paul A. Jarvis, Ph.D., Annorah Moorman, Ph.D., David Rardin, Ph.D. (1CE)
12:30-1:45 p.m. Marriott Marquis, Monte Carlo

(This program is appropriate for psychologists who are involved with training programs for pre-doctoral interns, and for psychologists in practice balancing effective treatment with managed care press and attempting to be good consumers of research.)

Educational objectives: (1) to understand some of the dilemmas in balancing cost-effective, empirically supported treatments with limitations of research and constraints on clinical practice; (2) to understand the difference between an effectiveness study and a clinical outcome study; (3) to overview findings from our survey regarding training practices related to EST's in different internship training programs; (4) to promote sharing of concerns and ethical dilemmas inherent in this current professional issue through dialoguing with audience members.

**Process-Oriented Career Group Counseling: It Can Work!**

2:00-3:15 p.m. Marriott Marquis, Madrid

(This program is designed for counselors and psychologists who provide counseling to clients with career concerns.)

Educational objectives: (1) increased knowledge of the benefits of group counseling for clients with career concerns and for campus counseling agencies; (2) identification of group principles and ways that process-oriented groups can address the interpersonal aspects of clients' career issues; (3) increased ability to design, implement, and evaluate process-oriented career groups.

**Clinical Supervision: Leadership Development for Tomorrow's Counselors**

Sherry K. Lynch, Ph.D. (1CE)
2:00-3:15 p.m. Marriott Marquis, Stockholm

(This program is designed for counselors and psychologists who provide clinical supervision to other professionals, with an emphasis on supervision of new professionals.)
Education objectives: (1) to acquaint participants with Stoltenberg and Delworth's (1987) Integrated Developmental Model of Supervision; (2) to provide participants with a review of the literature concerning practice standards; (3) to familiarize participants with the perceived needs of counselors receiving clinical supervision.

A Case Study in Near "Fatal Attraction" on Campus.

Edward A. Hattauer, Ph.D., Linda M. Kaczor, Ph.D., William H. Hulsey, James E. Ferrier (1CE)
3:30-4:45 p.m. Marriott Marquis, Monte Carlo

(This program is designed not only for counselors and psychologists who respond to mental health crises but also for other campus administrators, staff, and helping professionals who may find themselves involved in such situations.)

Educational objectives: (1) describe the nature and extent of obsessive pursuit/fatal attraction cases nationwide and on college campuses; (2) identify and describe the clinical, legal, ethical and law enforcement issues involved in such cases; (3) identify and describe guidelines for clinical risk management of these situations; (4) describe a campus-wide process model for responding to these situations.

Tuesday, March 23

Supporting Success: A Career Exploration Group for Students on Welfare

Mary E. Javorek, M.A., Donna L. McDonald, Ph.D. (1CE)
8:00-9:15 a.m. Marriott Marquis, Monte Carlo

(This program is designed for psychologists or counselors who work with adult students, low-income students or students on welfare.)

Education objectives: (1) to provide participants with an overview of the complex career issues faced by adult learners, and particularly, by students on public assistance; (2) to present the topics and exercises used in a 7 session career exploration group for students; (3) to stimulate further discussion on ways to enhance career counseling services for this student population on the participants' campuses.

Understanding and Addressing Clients' Resistance to Group Counseling

Emily F. Carter, Ph.D., Sharon L. Mitchell, Ph.D., Mark D. Krautheim, Ph.D. (1CE)
8:00-9:15 a.m. Marriott Marquis, Danube

(This program is designed for counselors or other student affairs professionals interested in offering group counseling or other group experiences.)

Educational objectives: (1) provision of rationale for the importance of a thorough pre-group orientation; (2) procedures for assessing client beliefs that impact their willingness to participate in counseling groups; (3) ways to more effectively promote group as a viable treatment option.

Using Critical Incidents to Promote Multicultural Sensitivity and Competence

Cynthia E. Glidden-Tracey, Ph.D. (1CE)
1:00-4:00 p.m. Marriott Marquis, Thames

(This program is designed for counselors and other professionals who provide services, especially psychotherapy to a culturally diverse clientele.)

Educational objectives: (1) presenter will discuss a conceptual model for addressing miscommunication or conflict between persons of differing cultural backgrounds; (2) presenter will show a set of videotaped critical incidents and
facilitate discussion of how to intervene and interpret such incidents when they occur; (3) participants will learn and share concepts and skills for improving both their own and their students'/clients' multicultural competencies.

**Educating Tomorrow's Leaders about Sleep**

Sue P. Conrad, Ed.D. (1CE)
11:00-12:15 p.m. Marriott Marquis, Riviera

(This program is designed for counselors and psychologists who provide educational programming and counseling to college students.)

Education objectives: (1) to provide information about sleep; (2) to introduce recent research; (3) to provide methods for assessing sleep deprivation; (4) to learn strategies for getting optimal sleep; (5) to provide a resource list.

**College Student Suicide: Prevention, Intervention, and Postvention**

John E. Westefeld, Ph.D. (1CE)
2:00-3:15 p.m. Marriott Marquis, Bonn

(This program is designed for counselors and psychologists who deal with suicide on the college campus.)

Educational objectives: (1) provide basic info on suicide, i.e., incidence, rates, causes, characteristics of typically suicidal college students; (2) provide training in the assessment of suicidal risk; (3) discussion of counseling interventions for suicidal clients; (4) discussion of prevention/postvention strategies; (5) discussion of myths related to suicide.

**Leadership as Collaboration: A Coordinated Counseling Response to Disaster in the Campus Setting**

Wayne D. Griffin, Ph.D., Linda A. Lewis, Ph.D., Michael A. Rollo, Ph.D. (1CE)
2:00-3:15 p.m. Marriott Marquis, Monte Carlo

(This program is designed for agency administrators, counselors, and psychologists who respond to mental health crisis in higher education settings. The content of this program might be stressful to some participants.)

Education objectives: (1) introduction of rationale for inclusion of crisis counseling intervention as component of campus disaster plan; (2) provision of framework for recruitment and cross agency collaboration in provision of services and training; (3) discussion of special needs services, review of a developmental protocol, training model, and use of passive and active simulations.

**Wednesday, March 24**

**Career Success in African American College Women: Lesson from the Elders.**

Stacey M. Pearson, M.A. (1CE)
8:00-9:15 p.m. Marriott Marquis, Amsterdam

(This program is designed for counselors and psychotherapists interested in career development issues and deliver services to clients of diversity.)

Educational objectives: (1) participants will gain an understanding on how they can facilitate the career development of African American college women from both empirically-based and theoretical data; (2) participants will learn ways to supplement and accentuate the African American family experience to help their clients choose, pursue, and enter a career; (3) participants will explore how some traditional career theories are applicable to their current work with
African American college women.

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**Student Counseling Related Concerns at One University: Implications for Others**

Chuck Zanone, Ph.D., Jeff Cochran, Ph.D., Traci Edwardson, Ph.D., Ellen Emerson, Ph.D., Myra Waters, Ph.D. (1CE)
8:00-9:15 a.m. Marriott Marquis, Stockholm

(This program is designed to help counselors and psychologists better understand students' counseling related concerns and needs.)

Education objectives: (1) the rationale and literature underlying counseling related concerns assessment; (2) aspects of students' counseling related concerns (e.g. most common concerns, characteristics of help and non-help seekers) at a medium-sized rural university; (3) counselors' roles in the learning community, ways to facilitate learning, and improve services offered the role of research in university counseling centers.

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All times and room assignments are subject to change. Check the convention book and daily updates for any changes.

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This document is maintained by Jonathan Kandell at the Counseling Center of the University of Maryland. Comments, suggestions, feedback, etc., should be directed to jkandell@umd.edu

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