# Counselors-in-Residence Program

**Ohio University, Athens, OH**

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### Who:

- The CR’s are doctoral student clinicians from the Department of Psychology or the Department of Counselor Education, who have completed their Masters degree.
- Preference is given to doctoral students who have completed (or are completing) training at the counseling center (practicum or traineeship).
- The CR’s are supervised by a licensed psychologist at the counseling center. They receive weekly supervision in addition to on-the-spot phone consultation.
- The Director of Residence Life provides administrative supervision of the program, meeting with the CR’s to discuss how they can assist the residence life staff with training, outreach, and consultation services.

### What:

The CR’s provide the following services to all students, including Residence Life staff, free of charge:

- Brief counseling
- Consultation services to students and Residence Life staff
- After hours/on-call services in non-threatening situations
- Assist counseling center staff with crisis situations
- Outreach and psycho-education programs to various Residences Halls
- Assistance with the training of Residence Life staff

### Where:

- The CR’s live in “faculty apartments” within the residence halls.
- The CR’s provide brief therapy and consultation services at an office within a centrally-located residence hall.
- When called into a residence hall to provide support services to the staff, CR’s may use a confidential location, such as the staff member’s office, to talk with students.

### When:

- The CR’s hold office-hours, where students and staff can “walk-in” for consultation or support services between the hours of 5 p.m.-10 p.m.
- Office-hours are held 5 nights per week (Sunday – Thursday).

The Counselors-in-Residence (CR) are doctoral students in the mental health field who are available to provide brief counseling and consultation “after hours” (after 5pm) to students and facilitate referring a student to counseling services, and provide preventative & psycho-educational programming. They are supervised by licensed psychologists from Counseling and Psychological Services (CPS).

During business hours, please use services at CPS (3rd floor of Hudson – 593-1616).

If you need to speak with a CR after CR office hours (e.g. late at night), please contact your RA or RC. They will help you locate a CR.

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**Counselors-in-Residence Office Hours:**

**Jefferson Hall Office**

Room 122 (Adjacent to Jeff Library)

Sun, Mon, Tues, Wed & Thursday

5:00-10:00 PM

(phone number for non-emergency purposes only)

(740) 593-0769

Questions or comments? Please contact CR Coordinator: Paul Castelino, Ph.D. @
740-593-1616 or castelin@ohio.edu